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City issues over 1,000 laneway house permits

Gaining in popularity. The homes are seen as an alternative to more expensive condos

EMILY JACKSON
emily.jackson@metronews.ca

When they decided to build a laneway house on their East Vancouver property to earn extra rental income, David and Christine Neely worried what their neighbours would think.

At first, there was a lot of concern about additional density and loss of parking, said David. Plus the couple wondered if they'd miss the extra yard space for their young children.

But three years later, the Neelys have had "no problems or concerns whatsoever" regarding the yellow, 500-square-foot one-bedroom-plus den they rent to a couple with a baby for about $1,500 a month.

Theirs is a common story as laneway houses become more popular across Vancouver, with 1,049 laneway house permits issued as of July 2013, the city announced Sunday.

The city touts laneway housing as an affordable way to boost the rental stock.

"With laneway housing you're no longer destined to have to rent somebody's musty old basement," Coun. Kerry Jang told Metro.

Jang was, however, surprised at how popular laneway houses have been, how quietly they've slipped into neighbourhoods and how few complaints he's received.

"Clearly there's an appetite for them," he said.

The homes, which cost between $150,000 to $350,000 to build, are affordable for younger families when compared to a condo, though they're clearly not social housing, said Jake Fry of Smallworks, a laneway house builder.

Public opinion regarding laneway housing has changed "dramatically" since the first permit was issued in 2009, Fry said.

Laneway houses have a low impact as they accommodate more people and help rejuvenate areas while keeping that "neighbourhood feel," he said.

As the city grapples with opposition to neighbourhood plans that call for an increase in density, couples like the Neelys see laneway housing as a compromise between no change and the introduction of condos.

"We think this is a nice happy medium to provide density but still be able to keep single-family homes," David said.

Gracie Neely, 3, and her brother Colton, 5, stand outside their parents' East Vancouver laneway house. EMILY JACKSON/METRO

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Couples who run together, win together

A Coquitlam couple walked away with the top prizes in both the women's and men's categories at the second annual Surrey International World Music Marathon on Sunday. Rika Hatachi and her husband Tatsuya placed first with times of 2:59:41 and 2:47:18, respectively. Despite soggy weather and storm warnings, more than 1,200 runners and walkers participated in the event. Course records were set in the men's and women's half-marathons and in the women's full marathon. CONTRIBUTED

Surrey installs its first separated bike lane without a fuss

'It's working well.'
City's quiet installation is a far cry from the hysteria that erupts over bike lanes in Vancouver

EMILY JACKSON
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No one is screaming foul about Surrey's first separated bike lane.

The city has received "very little feedback" since it installed the curbside lane on 192 Street between 72 Avenue and 66 Avenue almost a month ago.

"(Residents) seem good with it. They've got their heads around it, it's working well," transportation planning manager Philip Bellefontaine said, though he added a survey will be done in a few months to assess the pilot project.

It's a far cry from the hysteria that erupts every time Vancouver approves new bike lanes, most recently on Adanac and near the seawall in Kitsilano, but it's hard to compare the two cities, Bellefontaine said.

"Understandably, Vancouver is pushing an envelope a little bit more when it comes to cycling," he said.

"The advantage we have in Surrey is, because we're a new city, we're able to plan this from the very start, from the get-go," he said. "It makes things simpler."

The separated bike lane is the first step of construction on a road that will eventually become an arterial with two lanes of traffic in each direction separated by a median. When that happens, the bike lane will stay and the parking will go.

"It would have been difficult, unreasonable to just take away the parking overnight," Bellefontaine said.

While the separated lane hasn't caused much of a stir, other bike lanes have sparked concerns about loss of parking during the consultation process, he added.

Surrey has an ambitious plan to add to its 475-kilometre network of bike lanes. The city also funds a program teaching elementary school students how to cycle.

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Failing to meet great expectations

Charles Dickens. The third son of the famous scribe served as an officer in the North West Mounted Police, but was said to have 'weak resolve'

Charles Dickens was one of England's most-respected writers during the 19th century, but he wasn't much of a father, and that may have had an impact — even a small one — on Canadian history, says the author of a new historical novel that focuses on the younger Dickens's life as a Mountie.

Veteran journalist Vic Parsons of Victoria recently self-published "Lesser Expectations: Charles Dickens' Son in North America," which explores the father-son dynamic between the respected writer and his third son and fifth child, Francis.

Based on years of research, including time in the national archives in Ottawa, Parsons said he has concluded Dickens wasn't a great dad and only two of his sons, excluding Francis, likely ever met his great expectations.

Parsons said he believes because of that poor relationship, Francis grew into a man who was reticent to take charge, especially as a commissioned officer in the North West Mounted Police.

"What I've tried to do, I guess, is to try to say, you know, this was kind of a guy who came from greatness in a sense ... that Charles was a very popular writer, well-known, and his children never kind of led up to his own expectations," said Parsons.

"I think if you have a parent like that, it kind of lingers with you for the rest of your life, you know, it impacts your personality."

Parsons pointed to one incident while Francis was posted to Blackfoot Crossing, southeast of present-day Calgary, Alta., in the Bow River Valley.

He had joined the North West Mounted Police, the precursor to the Royal Canadian Mounted Police, in 1874 after time in India with the Bengal Mounted Police. His mother's aunt had known Lord Dufferin, Canada's third governor general.

The battle of life

"Charles was a very popular writer, well-known, and his children never kind of led up to his own expectations."
Journalist Vic Parsons

While at Blackfoot Crossing, Francis arrested a man named Bull Elk, a member of the Blackfoot, who had fired his rifle during a dispute over the sale of a cow's head.

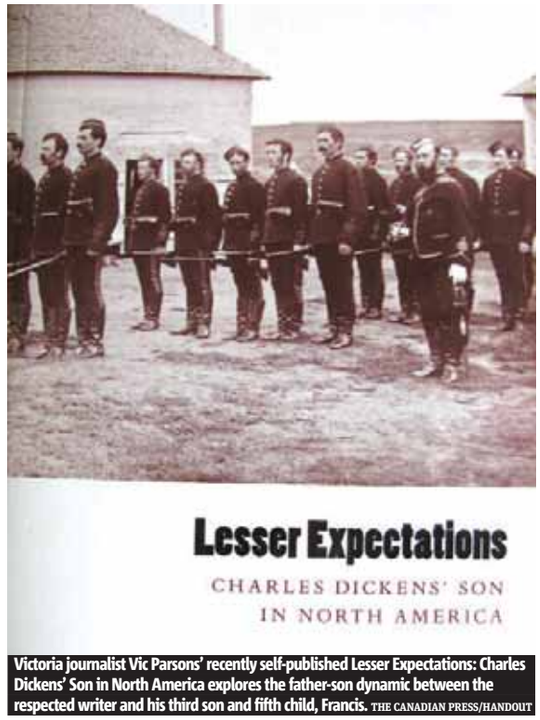
The First Nations man was taken back to the local detachment where he was held in custody. After a short investigation, Francis decided Bull Elk should stand trial at Fort Macleod, west of present-day Lethbridge, on a charge of attempted murder.

But a crowd of about 700 Blackfoot warriors, some wearing war paint, formed outside the police building.

Francis called for Crowfoot, the "paramount chief of the Blackfoot Confederacy," and decided to turn Bull Elk over to the leader, instead of trying to take him to Fort Macleod.

Crowfoot had promised Francis he'd bring Bull Elk to the magistrate when the case was heard locally.

But Dickens's superior officer, Leif Crozier, who was stationed at Fort Macleod at the time, "growled in disgust when he read Dickens's report on the events at the Crossing," Parsons writes. "He was appalled at the inspector's lack of preparedness, his weak resolve and his willingness to compromise." THE CANADIAN PRESS



Victoria journalist Vic Parsons' recently self-published Lesser Expectations: Charles Dickens' Son in North America explores the father-son dynamic between the respected writer and his third son and fifth child, Francis. THE CANADIAN PRESS/HANDOUT

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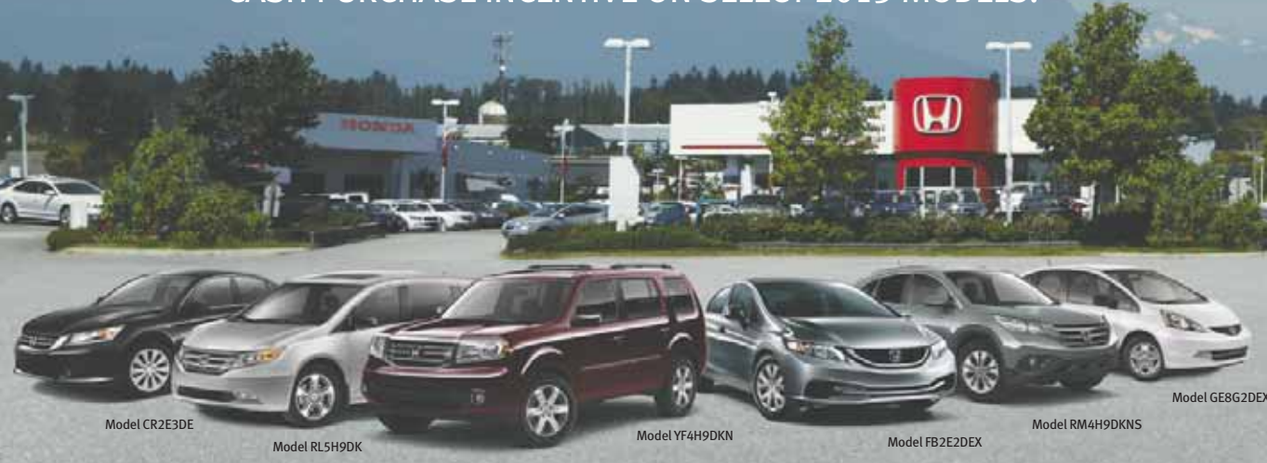

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Africa. Nigerian students executed while they slept

Suspected Islamic extremists attacked an agricultural college in the dead of night, torching classrooms and shooting dozens of students as they slept in dormitories, the school's provost said — the latest violence in Nigeria's ongoing Islamic uprising.

The attack, blamed on the Boko Haram extremist group, came despite a 4 1/2-month-old state of emergency covering one-sixth of the country. Recent violence has led many to doubt assurances from the government and the military that they are winning.

Provost Molima Idi Mato of Yobe State College of Agriculture said that there were no security forces protecting the college. Two weeks ago, the state commissioner for education had begged schools and colleges to reopen and promised they would be guarded by soldiers and police.

Idi Mato said as many as 50 students may have been killed in the assault that began about 1 a.m. Sunday in rural Gujba.

Most schools in the area closed after militants on July 6 killed 29 pupils and a teacher, burning some alive in their hostels, at Mamudo outside Damaturu.

President Goodluck Jonathan condemned the attack on TV. He said he wondered whether the victims were Muslim or Christian.

Boko Haram leader Abubakar Shekau has said that his group wants to end democracy in Nigeria and allow education only in Islamic schools. Boko Haram means "Western education is forbidden."

Its uprising poses the biggest security challenge in years to the country. Nigeria is Africa's most populous nation with more than 160 million people — almost equal numbers of which are Muslims and Christians. THE ASSOCIATED PRESS

Too young

18-22

Provost Molima Idi Mato of Yobe State College of Agriculture said most victims were between age 18 and 22.

Car bomb kills dozens to cap off lethal week

Pakistan. Explosion shreds popular bazaar, lighting old wooden structures ablaze

A car bomb ripped through a crowded street in Peshawar's oldest bazaar Sunday, killing 40 people in the third blast to hit the troubled Pakistani city in a week, officials said. No one immediately claimed responsibility for the attack.

The explosion appeared to have been caused by a bomb planted in a parked car and detonated by remote control, said police officer Zahid Khan. It went off near a mosque and a police station, damaging the house of worship and nearby shops and engulfing many vehicles in flames, police said.

At least 40 people were killed and 90 wounded, said Jamil Shah, a spokesman for Lady Reading Hospital.

The dead included 14 members of a single family who were visiting Peshawar to plan a wedding, along with their driver and an assistant, said relatives.

Many of the old buildings in the historic Qissa Khawani market are made of wood, which easily caught fire, said senior police officer Shafqat Malik. THE ASSOCIATED PRESS

Victims by the score

Such attacks in Peshawar have claimed more than 140 lives since last Sunday, when two suicide bombers blew themselves up at a church, killing 85 people.

- **On Friday,** 19 people died when a bomb planted on a bus exploded.

A Pakistani man carrying a child rushes to safety shortly after a car bomb exploded in Peshawar on Sunday. MOHAMMAD SAJJAD/THE ASSOCIATED PRESS

A baby's foot.

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Canadians in Egypt ordered detained for another 45 days

Time for PM to get involved? Families of Tarek Loubani and John Greyson planning their next step after disappointing news

MIKE DONACHIE
Metro in London, Ont.

The families of London, Ont.'s Tarek Loubani and Toronto's John Greyson were "disappointed" to hear the men's detention in Egypt had been extended for another 45 days.

But, following a statement Friday by the country's attorney general that more investigations were needed, they were not surprised.

Supporters of Tarek Loubani and John Greyson have been wearing buttons to draw attention to the case. ANGELA MULLINS/METRO

Greyson's sister, Cecilia, who have not been charged with any crime, are tired but physically OK, based on what their lawyers have said.

Although grateful for the help from the Canadian government, including direct representations by Foreign Affairs Minister John Baird, Greyson's family wants help to be stepped up.

"We need to continue to ask the Canadian government to continue the work it's already been doing, talking to Egyptian officials and asking for their release," said Cecilia Greyson. "The minister of foreign affairs has been very concerned about the case. Minister Baird spoke to the Egyptian foreign minister on a couple of occasions this week.

"It may be time now that Prime Minister Harper talk to his Egyptian counterpart," she added.

IOC told Russian law won't affect gay athletes

Actress Ino Menegaki lights the Olympic flame at Ancient Olympia in Greece on Sunday. Thomas Bach, the new IOC president, said Sunday he had received assurances from senior Russian officials and Games organizers that an ongoing controversy over the country's treatment of gays will not affect athletes at the Sochi Winter Olympics.
DIMITRI MESSINIS/THE ASSOCIATED PRESS

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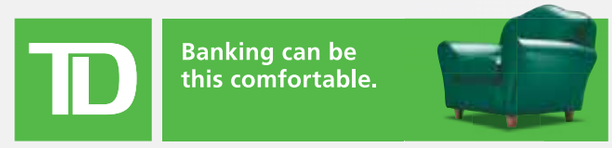

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Christos Pappas, a Greek MP of the extreme far-right Golden Dawn party, shouts as he exits police headquarters, escorted by anti-terror police in Athens on Sunday. FOSPHOTOS/PANAYIOTIS TZAMAROS/THE ASSOCIATED PRESS

Greece cracks down on far-right Golden Dawn

Charged. Six Greek parliamentarians who belong to the extreme anti-immigrant party now in custody

A Greek lawmaker sought by police surrendered on Sunday, bringing to six the number of legislators from the extreme-right Golden Dawn party now in custody and accused of being members of a criminal organization with intent to commit crimes.

The government crackdown on the fiercely anti-immigrant party marks the first time since 1974 that sitting members of a Greek Parliament have been arrested. The arrests underline the government's efforts to stifle Golden Dawn, which has been increasingly on the defensive since the Sept. 17 fatal stabbing of a Greek man blamed on a Golden Dawn supporter. Thirteen Golden Dawn members and two police officers also have been taken into custody, and arrest warrants issued for 11 other suspects.

As he turned himself in at police headquarters in Athens on Sunday, Christos Pappas — a parliamentarian described as Golden Dawn's No. 2 official — condemned the crackdown on his party and the austerity measures imposed during the bailout of Greece's economy. Last year's election put 18 Golden Dawn members in the Greek parliament.

THE ASSOCIATED PRESS

'Long overdue'

Golden Dawn won only 0.29 per cent of the vote in a 2009 national election in Greece. But their popularity exploded as they capitalized on resentment over illegal immigrants.

- On Sunday, the European Jewish Congress welcomed the crackdown calling it "a long overdue move."

Cyberattacks

U.K. to recruit hundreds to protect vital data

Britain's defence secretary says it is recruiting hundreds of experts for a new cyber force designed to protect the nation's vital data — and stage cyberattacks if necessary.

Philip Hammond says the Joint Cyber Reserve Unit aims to boost Britain's offensive and defensive capabilities in an age of increasing threats from cyber espionage and cyber sabotage.

The defence minister said Sunday that the recruitment drive, to launch in October, will target military reservists and those leaving the armed forces. It will also welcome computer experts with no military experience.

THE ASSOCIATED PRESS

Israel warns the U.S.

Don't be fooled by Iran: Netanyahu

Mortified that the world may be warming up to Iran, Israeli Prime Minister Benjamin Netanyahu is taking an unpopular message to the White House and the United Nations this week: Don't be fooled by Tehran's new leadership.

Netanyahu contends Iran is using conciliatory gestures as a smoke screen to conceal an unabated march toward a nuclear bomb.

He will deliver those strong words of caution — and fresh intelligence — in an attempt to persuade the U.S. to maintain tough economic sanctions and not allow the Islamic republic to develop a bomb or even move closer to becoming a nuclear threshold state.

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Canadian satellite could improve GPS

The aurora borealis may look pretty as it dances across the northern sky, but Canadian satellite CASSIOPE is about to study a nasty side lurking behind that beauty. The hybrid satellite blasted off Sunday from California, and the University of Calgary's Greg Enno says the data the satellites will collect should make it a lot easier to predict the impact of solar storms on the Earth. When plasma and particles from the sun enter the upper atmosphere they usually cause the stunning northern lights, but they also affect things like hydroelectricity systems and GPS users. "The biggest winners from our sets of data is the GPS industry because their measurements may be accurate enough so they can use it for all sorts of stuff like landing aircraft, but also hydro people because they don't want to be surprised and have a network go down," Enno said. THE CANADIAN PRESS FILE

Medical weed supply reborn as free market

Health Canada. Under the new system, users will get their pot from large-scale farms that are RCMP-certified

The Conservative government is launching a $1.3-billion free market in medical marijuana this Tuesday, eventually providing an expected 450,000 Canadians with quality weed.

Health Canada is phasing out an older system on Monday that mostly relied on small-scale, homegrown medical marijuana of varying quality, often diverted illegally to the black market.

In its place, large indoor marijuana farms certified by the RCMP and health inspectors will produce, package and distribute a range of standardized weed, all of it sold for whatever price the market will bear. The first sales are expected in the next few weeks, delivered directly by secure courier.

"We're fairly confident that we'll have a healthy commercial industry in time," Sophie Galarneau, a senior official with the department, said in an interview. "It's a whole other ball game."

The sanctioned birth of large-scale, free-market marijuana production comes as the Conservatives pillory Liberal Leader Justin Trudeau's campaign to legalize recreational marijuana.

Health Canada is placing no limits on the number of these new capital-intensive facilities, which will have mandatory vaults and security systems. Private-dwelling production will be banned. Imports from places such as the Netherlands will be allowed.

Already 156 firms have applied for lucrative producer and distributor status since June, with the first two receiving licences just last week.

The old system fostered only a cottage industry, with 4,200 growers licenced to produce for a maximum of two patients each. The Mounties have complained repeatedly these grow-ops were often a front for criminal organizations.

The next six months are a transition period, as Health Canada phases out the old system by March 31, while encouraging medical marijuana users to register under the replacement regime and to start buying from the new factory-farms.

THE CANADIAN PRESS

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PROTEST THIS, CASINO PROTESTERS

URBAN COMPASS

Paul Sullivan
vancouver@metronews.ca

Let's get one thing straight.

I am no fan of "gaming" as we like to call gambling these days.

Gaming is where otherwise rational people throw their money away playing games of chance.

They rarely win anything. They have a much greater chance of being hit by lightning than winning the lottery.

Odds of being hit by lightning in your lifetime? One in 3,000.

Odds of winning the grand prize in the Lotto Max? One in 28.6 million.

Still, all kinds of people wake up thinking they're going to win the lottery. I'd, er, wager that no one wakes up and thinks about getting hit by lightning.

Despite these ridiculous odds, gaming is big business in British Columbia. In 2011-2012, an untold number of fools were parted from a total of $2.7 billion. The provincial government was the only winner, raking in $1.1 billion in profit, and nearly $700 million of that went directly into the Consolidated Revenue Fund, which is what the government calls the giant black hole into which our hard-earned money disappears.

So last week's announcement that gambling giant Paragon Gaming Corp. is back with a revamped attempt to build a $535-million gambling palace, a.k.a. "urban resort" next to BC Place has brought out the opponents, in particular Vancouver Not Vegas, the grassroots movement that killed Paragon's last attempt to grow the Edgewater Casino in 2011.

I would like to offer the opponents my support, but really? Opposing a new casino in this day and age is like opposing a fast-food outlet in your neighbourhood. What about all the other fast-food outlets already there? Not to mention the fact that more than half your friendly neighbourhood supermarket is given over to fast food? Or that you might conclude by watching the ads on TV that the only thing most people do is eat fast food.

When they're not gambling.

You can gamble everywhere and anywhere. I spend an unnecessarily large portion of my day standing in line at the pharmacy while some fool selects his latest numbers or scratch and lose tickets. Everywhere I go the patron saint (spokesperson) of this or that hospital tries to lure me with the promise of luxury houses, fast cars and cash. These are pharmacies and hospitals. They're supposed to heal people, not make them sick in the head.

In the midst of all this sparkling greed, another casino is just another casino. By all means, Vancouver Not Vegas, protest if it will make you feel better, but the gambling cat is out of the bag.

While you're picking on one proposal in downtown Vancouver, your own government is raking in billions every year, and what are the odds that will ever change? How about zero?

Protest that, why don't you?

Yeah, good luck with that one, buddy

Opposing a casino in this day and age is like opposing a fast-food outlet in your neighbourhood.

ZOOM

Space oddity: Noctis Labyrinthus

COURTESY NASA/JPL/UNIVERSITY OF ARIZONA

Red Planet lookin' a little blue

Judging by this image of our neighbouring world, Mars isn't always the "Red" Planet. Taken by NASA's Mars Reconnaissance Orbiter, the photograph shows the colourful area of the Noctis Labyrinthus region, perched high on the Tharsis rise in the upper reaches of the Valles Marineris canyon system. METRO

Valles Marineris stretches east-west just below Mars's equator.
COURTESY NASA

The grand, grand, *grand* canyon

Covering nearly a fifth of the circumference of Mars, the Valles Marineris is the largest canyon system on the planet. Spanning a colossal 4,000 kilometres, the canyon system can reach depths of 10 kilometres, and is at some points 200 kilometres wide. If the system were located on Earth, it would stretch across the U.S., from L.A. to the Atlantic coast. METRO

Falling into the abyss

The Valles Marineris system is believed to be the result of the formation of the nearby Tharsis volcanic region, home to Olympus Mons, the solar system's largest volcano. As the region swelled with magma billions of years ago, the planet's crust stretched and split, collapsing into a vast, deep canyon.
METRO

Clickbait

HANNAH ZITNER
hannah.zitner@metronews.ca

Three weeks into its Canadian debut, Kickstarter Canada's been funding everything from alien adventure/action games to animated shorts to new technologies you never knew you needed. Meet the products you probably don't need, but will feel super cool having.

CONTRIBUTED

Polar Pen:

With 17 days left to go, the "world's first" modular magnetic pen has already reached more than 3,000 per cent of its funding. Not only would the silver (or 24K gold) bits look hot on your desk, they'd also give you something to play with when writer's block hits.

Peachy Printer:

Again with the "world's first," this 3D printer claims to be among the cheapest ($100) and smallest 3D printers (that also doubles as a scanner). The pared-down design keeps the cost of the device low without using cheap parts. Twenty-one days left — and almost 1,000 per cent funded — to get in on the action.

AppSeed:

From sketch to prototype with just a smartphone, the AppSeed helps designers turn their ideas into functioning models. With 10 days to go and $13,000 up, these Toronto-based designers are at 45 per cent of the $30,000 goal.

Comments

RE: Are U.S. border guards 'anti-Canadian'? Published online Sept. 27

Canadians need to stop going down to the States. Do your shopping here, vacation in Canada or anywhere other than the States. After about a year of the boycott, the Americans will be crying for Canadians to come back. If the Americans want our business, then it is them that need to smarten the Border Guards up and treat us with respect. The same goes for the Canadian Border Guards, they too are in need of smartening up pills.
Dinorex, posted to metronews.ca

Must be a slow news day. I'm sure there are CBSA employees that hate arrogant yanks, or bus drivers that hate old people, driving instructors that hate teenagers, etc. A little time on the Internet and you'll find a forum where someone behind an alias (hey — like me!) is crapping on someone else. It's hardly newsworthy. **Guesswhosback, posted to metronews.ca**

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iTunes Festival

Justin Timberlake

Venue. Live from the Roundhouse in London, U.K.

The problem with live streaming is the technical difficulties. Would have loved to tell you how awesome Justin Timberlake's opening Only When I walk Away was, but I could only hear it. Crowd seemed to love it. But it wasn't until the next song, Sexy Back, when the technical glitches resolved and I could see Timberlake, surrounded by blazing purple and red lights and smokin' hot in a black suit (but no tie), white penny loafers and fedora. Timberlake was backed by a quartet of singers and a pit of musicians, including brass and electronic. Dude still has moves, paying homage to Michael Jackson as he went and still has pipes, his gorgeous falsetto hitting the high notes in Cry Me a River with ease. Watching the concert through the iTunes store means getting close enough to see every sweat drop run down Timberlake's face. He gave the crowd what they wanted – a mix of old hits and songs from his upcoming album The 20/20 Experience – Part 2, which drops today. ELISHA DACEY/METRO

EACH MONDAY IN SEPTEMBER, METRO REVIEWED ONE OF THE ACTS PARTICIPATING IN THE ITUNES FESTIVAL. TAKING PLACE ALL MONTH AT THE RENOWNED ROUNDHOUSE IN LONDON – AND STREAMING ONLINE IN HD – THE ITUNES FESTIVAL FEATURES 60 ACTS EACH DAY AT 4 P.M. ET/1 P.M. P.T. TO WATCH LIVE, DOWNLOAD THE ITUNES FESTIVAL APP TO YOUR IPHONE, IPAD, IPOD TOUCH OR APPLE TV. FOR A FULL LIST OF ACTS, VISIT METRONEWS.CA

Going light on the legal

Interview. Franklin & Bash is set in the courtroom but it's more about the relationship between the two lawyers

NED EHRBAR
Metro World News in Hollywood

Franklin & Bash is a show about lawyers sans all that legal stuff. CONTRIBUTED

Mark-Paul Gosselaar and Breckin Meyer are currently enjoying the third season of their comedy-drama legal series, Franklin & Bash, about two — let's say unconventional — young attorneys. They're so comfortable that it can be tough to distinguish them from their characters sometimes, except, as Gosselaar points out, Meyer's Jared Franklin is much funnier than Meyer himself.

There are a lot of shows about lawyers. What makes this one unique?

Mark-Paul Gosselaar: I think what separates our show most is the relationship between the two guys, Franklin and Bash. When I was pitched the show, I had just come off a TNT show playing an attorney, so the last thing I wanted to do was play another attorney. But being an attorney and the law aspect of the show sort of takes a back seat really to the relationship between these two guys. And that, I think, isn't in lawyers shows as much as they are in cop shows, maybe, or some other genres. But I think that's the first time that I read a script about two lawyers who have this sort of relationship — and I'd like to say that we came out before Suits because Suits has sort of the same dynamic.

Breckin Meyer: And I think the thing you don't get when you're dealing with these "case of the weeks," the one thing we have with the show — and it's because of the relationship — is the fun, is the comedy. It's not like Airplane, it's not a satire of a legal show. It's just that these guys are younger than most lawyers that they go up against, younger than the judges, and they tend to go about it in... a feistier way. If that means Jerry getting drunk during a cross-examination or Peter making out with one of the witnesses to win the case, so be it. They're kind of still feisty.

After three seasons, how comfortable are you in the roles?

Gosselaar: I think we're pretty comfortable, but also I think that we still, to this day, are very hard on ourselves, and I think we're very hard on the show in terms of trying to produce a product that we enjoy being on and that the fans will enjoy. I don't think we're comfortable in the sense that it's the third season and we're just sort of letting the show manifest into itself. I think we're still very much a part of it and we're still hungry. We only do 10 episodes a season, so for us in three seasons, we've done basically a season and a half of a network show. So for us it doesn't feel like we've done that much. A lot has happened in three years. I mean, Breckin is old now.

Meyer: And you don't stop aging. It's insane.

Gosselaar: I drink blood. I drink Breckin's blood, actually, that's how. Our characters are a magnification 100 per cent of who we are in real life. What we play on television is not too far from the type of people that we are, but they're completely magnified. I like to work out, I like to feel good about myself and look good, but Peter takes it to a whole other level. Breckin is kind of funny in real life, but he's really funny on the show.

How much time have you actually spent in a courtroom to research this job?

Gosselaar: For this job? None.

Meyer: And we'll say to Bill, our co-creator, a lot — like with me being drunk or whatever — we'll say, "What would happen if I really did that in court?" And he says, "You'd get thrown in jail," ... Bill says if you learn anything about the law watching our show, we're doing you a disservice.

Show

Where can you watch

- **Channel.** Franklin & Bash airs Mondays on Bravo.

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Moby isn't afraid of making innocent mistakes on his latest album. CONTRIBUTED

Moby aiming for his imperfect perfection

New album. The electronic musician isn't afraid of working outside the box on his latest effort — a collaborative album called the Innocents

New music from Moby is a relative thing.

The veteran DJ notes his latest 12-track disc is set for release tomorrow but was completed way back in February — an eternity in this day-and-age of instant releases geared to capitalize on of-the-moment trends.

But that's just how Moby operates, and the 48-year-old electronic musician makes no bones about the fact that Innocents sounds nothing like the bombastic pop songs that dominate current charts.

"I'm not the target audience for it, you know, I'm not 13, but so much music today — and I'm not even saying this as a criticism, it's just more a statement of fact — it's crafted and disingenuous," Moby said earlier this summer during a promotional stop in Toronto.

"It's expressing emotion and sentiment that people think will work well on the radio."

Music

"I'm not the target audience for it, you know, I'm not 13, but so much music today - and I'm not even saying this as a criticism, it's just more a statement of fact - it's crafted and disingenuous."

Moby
Talking about music today

Commercial success is clearly of little concern.

What Moby does cherish is a meticulously crafted album, and with Innocents he admitted to stepping outside of his normal routine "to genuinely collaborate with people."

For the first time in his career, he relied on a co-producer — Mark (Spike) Stent, who has worked with Lady Gaga, Madonna and Maroon 5 — and sought co-writers including Toronto's Cold Specks, Flaming Lips frontman Wayne Coyne, past Moby vocalist Inyang Bassey and Queens of the Stone Age collaborator Mark Lanegan.

"In the past when I've had singers on my record, usually it's singers I've brought in to sing songs that I've written and this time I wanted to see what it would be like to send someone an instrumental and have them write all the lyrics and vocal melodies without any direction from me and just see what they come up with," he said.

"When I would send someone an instrumental and they sent back their vocals and the lyrics and vocal melodies, almost in every instance, the results were really great."

Canuck songstress Cold Specks helmed the first single released over the summer, the atmospheric A Case for Shame.

Moby gushes over the uniquely mournful qualities in her voice, noting he met her on the recommendation of Mute Records founder Daniel Miller.

"There are these sort of qualities to her voice, there's like a darkness but an innocence, and very unconventional beauty," said Moby, adding that they connected over a shared love of austere, plaintive blues music.

"She's not classically trained so she'll sing intervals that most singers wouldn't sing but she somehow makes them sound great."

THE CANADIAN PRESS

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Pop Goes The Week

Bieber lays down the law while Gaga bickers online

STAR GAZING
Malene Arpe
scene@metronews.ca

Justin Bieber reportedly kicks out his buddies Lil Za and Lil Twist after some jewelry goes missing from his house. Perhaps now there will finally be room for Lil Suspenders and Lil Shirt to move in.

Pamela Anderson is going to be running the New York City Marathon. Unfortunately she will apparently not be doing so in slow-motion, wearing a red bathing suit.

Kevin Federline says that he will not allow Britney to haul their son Sean Preston on stage during her upcoming Vegas show. And if she doesn't heed him he'll immediately retain a lawyer using her money.

Robert Pattinson brought a "mystery brunette" to a friend's birthday party. It was either that or the "intrigue redhead," but she was busy at an anniversary brunch.

Kanye West complains that six years ago Fendi ignored his design for leather jogging pants. In Fendi's defense let's not forget that Kanye's collection of cement hats was a severe disappointment.

Lady Gaga and Adam Levine get into a twitter war that starts out being about the nature of art but quickly devolves into grammar shaming. It's exactly like that time when Picasso and Hemingway wrote angry notes to each other in the margins of the afternoon paper.

Funny gal Wilson finds out that jokes don't twerk well for Miley's people

Maybe Miley Cyrus doesn't have that much of a sense of humour about her public image in the wake of her MTV Video Music Awards performance. Rebel Wilson says she was set to introduce Cyrus at the iHeartRadio Music Festival in Las Vegas last week but bristled at having her material censored. "Their management got a copy of my jokes of what I was going to say, and I was banned from saying the jokes," Wilson tells Jimmy Kimmel during an interview. Britney Spears ended up welcoming Cyrus to the stage. "But the jokes weren't that bad," Wilson insists. "It was like, 'Miley Cyrus got to the top through her raw talent and hard twerk.' It wasn't even that bad."

Miley Cyrus
ALL IMAGES GETTY

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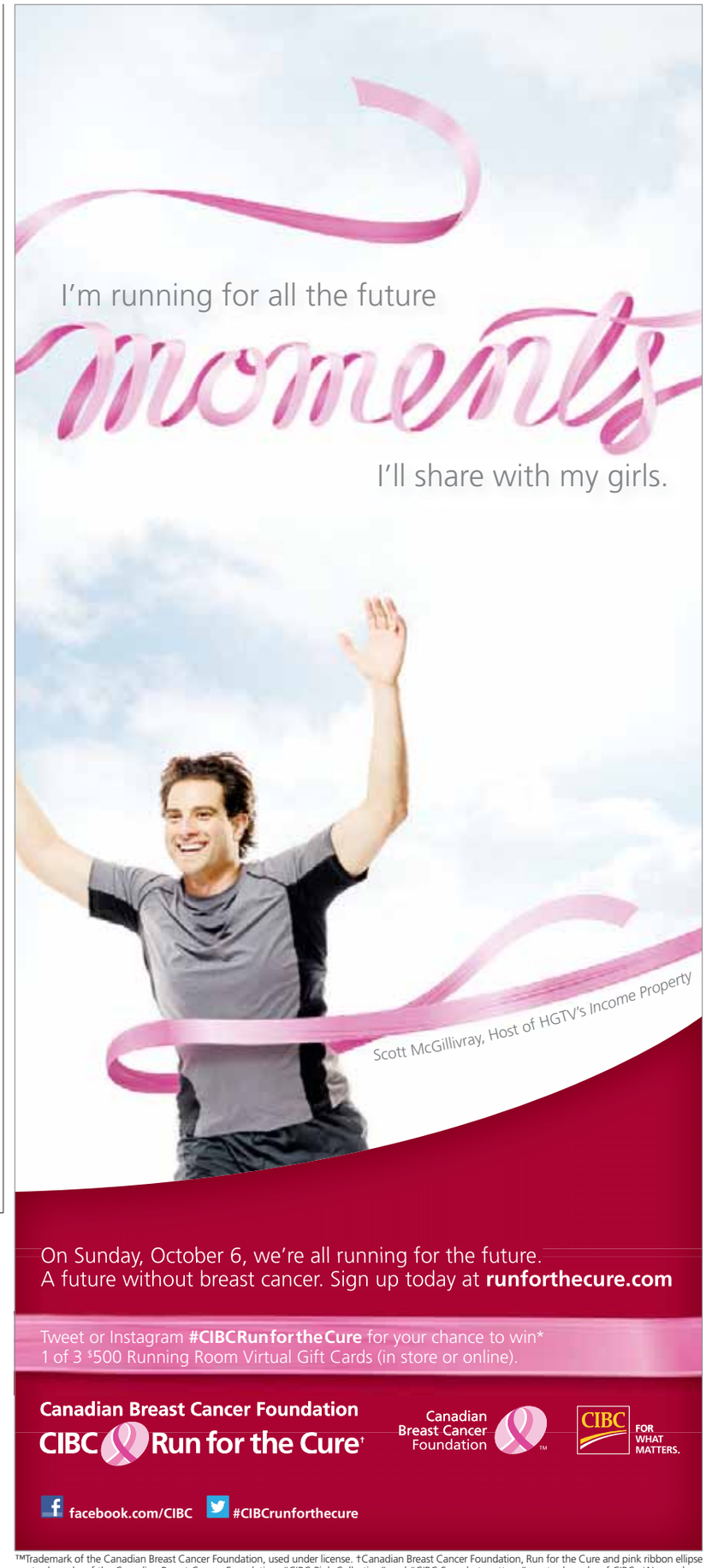
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Forty-eight per cent of children aged 11 and older have a cellphone. ISTOCK

Book excerpt

Smartphone vs. kids

IT'S ALL RELATIVE
Kathy Buckworth
Kathybuckworth.com

Smartphones. Do kids need one? I go back and forth on this one. While it's great that we can use our smartphones to stay in touch with our kids, it's not so great that they can use their smartphones to stay in touch with us. When I need to get a hold of them, it's important. When they need to get a hold of me, it's usually to ask me to do something. I don't need them to have immediate access in one of those scenarios. According to a President's Choice survey, 48 per cent of children 11 and older have a cellphone. Take my advice and teach them how to use this cellphone in a safe and polite way. Just because we blazed the trail by using these marvels of technology in cars, while walking across busy streets, and in the middle of romantic dinners, does not in any way mean we have to pass on these rude and dangerous methods to our children. Help put the "smart" back in smartphone. FROM I AM SO THE BOSS OF YOU: AN 8 STEP GUIDE TO GIVING YOUR FAMILY THE BUSINESS BY KATHY BUCKWORTH, PUBLISHED BY MCCLELLAND & STEWART, 2013. AVAILABLE AT BOOKSTORES EVERYWHERE.

Exclusively online

The McCafé is a parent's play place. Find out why with exclusive Metro content from Lyranda Martin Evans and Fiona Stevenson, authors of the hilarious bestselling book Reasons Mommy Drinks, at metronews.ca/voices.

Balancing act: Finding fam time

Book. Don and Debra MacMannis share tips on how to strengthen family ties

Parents might often feel they are running a daily gauntlet, from backpacks and breakfast in the morning to bedtime tuck-ins. But every now and again, parents should take a few minutes to check in with each other and their children.

One therapist couple, Don and Debra MacMannis, have 10 tips in a new book — How's Your Family Really Doing? — they say are needed to create lasting bonds

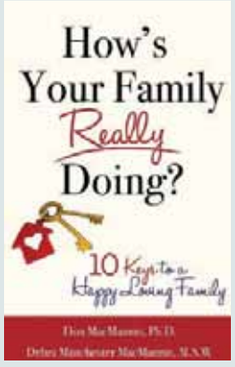
Don, a child psychologist who also writes music for children, says the book was inspired after 35 years of families reaching out for help, often asking the same questions.

The couple had some advice on how families can form stronger ties, starting with taking time to connect.

The in-between times

Catch moments in between — like driving in the car, eating a snack, walking the dog — to share thoughts and feelings with your loved ones.

Tip



Use voicemail, email or texts to send your love or to check in on how your partner's day is going. Little gestures help us feel loved.

Be affectionate

Too many parents give all of their love and attention to the kids. Make a conscious decision to be more affectionate with your partner. Remember the early days of courtship when you held hands, kissed and hugged hello and goodbye (and then some), shared back rubs or cuddled up on the couch? Do that again.

There are easy ways to bring your family members closer together. ISTOCK

Just listen

Deeply listening to one another can be a profound way to reconnect if distance has crept between you. If you are the listener, make eye contact, take deep breaths to keep yourself centered, and remember not to give unsolicited advice.

Every bit counts

Words and gestures can also be affectionate. We obviously feel more loved when complimented rather than criticized. Use fun nicknames and don't forget to say the precious words: "I love you." METRO

Teen Wolf mom hosts web series for parents

Alicia Coppola. GETTY

You may know her primarily as the werewolf mom of Derek Hale on MTV's Teen Wolf, but now Alicia Coppola is taking on another parenthood role that is slightly more traditional.

The actress will host a brand new web series titled, Alicia Coppola on Parenthood Today.

The spots will run weekly on Parenthood Today TV, a parenting website offering video guides covering topics related to family and child care.

In each short episode, the L.A.-based mother of three (this does not include werewolf offspring) will offer answers to questions about pregnancy, baby names, parenting techniques and sibling rivalry.

The web series isn't her only extracurricular activity, though. Coppola recently published her first book, Gracefully Gone.

In the memoir, she describes her decade-long journey of dealing with her father's struggle with cancer.

It's a topic that's close to her heart and one that she plans on exploring in the Parenthood Today web series. Coppola will discuss ways to help children cope with the loss of a loved one.

"It is all too often, unfortunate and sad that the children of a sick parent become collateral damage," she says. "This is not due to neglectful parenting or lack of love; neither the children nor the parents are to blame. The disease is to blame. ... It is imperative that we treat these children and their grief with extra love, hugs, honesty and respect."

Tune in to the online channel for the 20 webisodes, scheduled to be released on a weekly basis over the coming month. METRO

Bye-bye barbecue season: Chicken kebabs with sauce

Ingredients

- 1/2 cup water
- 1 tsp kosher salt
- 1 tsp smoked paprika
- 1/2 tsp ground black pepper
- 1 1/4 lbs boneless, skinless chicken breasts (about 3), cut into 1-inch chunks
- 1 1/2 bananas
- 1/2 cup ketchup
- 1 to 2 whole fresh jalapenos (for less heat, split them open and remove the seeds and ribs)
- 2 tbsp red wine vinegar

1. In a large zip-close plastic bag, combine the water, salt, paprika and pepper. Close the bag and shake to blend, then add the chicken. Seal the bag, then turn to coat the chicken. Refrigerate for 30 minutes. If using wooden skewers for the kebabs, soak them in water while the chicken brines.

2. Meanwhile, in a blender or food processor, combine the bananas, ketchup, jalapenos and vinegar. Puree until very smooth. Set aside.

3. When ready to cook, heat the grill to medium-high. Use an oil-soaked paper towel held with tongs to oil the grill grates.

4. Remove the chicken from the brine, then thread the pieces onto 4 skewers. Grill, turning regularly, until cooked through, about 12 minutes total. Using a basting brush, lightly coat the kebabs on all sides with chili-banana sauce, then grill for another minute. Transfer the kebabs to serving plates, then drizzle with additional sauce. THE ASSOCIATED PRESS

This recipe serves four. MATTHEW MEAD/ THE ASSOCIATED PRESS

Correction

Friday's Beekman Boys article wrongly identified The Beekman 1802 Heirloom Dessert Cookbook as the couple's first book release. It is actually its second.

Lunch. Chicken and Cheddar Calzone

Ingredients

- 1 pkg (680 g) prepared pizza dough, at room temperature
- All-purpose flour for dusting
- 1/2 cup (125 ml) pizza sauce
- Half 500 g-pkg PC Chicken Breast Strips, cut in thin strips
- 3 slices PC Genoa Salami, chopped
- 10 cherry tomatoes, cut in half
- 1 cup (250 ml) PC Triple Shredded Cheddar

1. Preheat oven to 400 F (200 C). Line large-rimmed baking sheet with parchment paper. Dust work surface and top of pizza dough with flour. Cover dough with tea towel and let rest for 20 minutes.

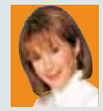
2. Divide dough in half. On lightly floured surface and using fingers, stretch each half into an oval. Using rolling pin, roll each piece to 12- x 10-inch (30- x 25 cm) oval. Transfer to prepared baking sheet.

3. Spread pizza sauce over lower half of each oval, leaving 1/2-inch (1 cm) border bare. Top with chicken, salami, tomatoes and Cheddar. Lightly brush edges with water; fold bare dough over filling, crimping edges to seal and dusting fingers with flour to prevent sticking. Using tip of scissors, cut three vent holes in top of each calzone. Using scissors, cut parchment paper between the two calzones and pull them apart on the sheet so they are spaced well apart.

4. Bake in lower third of oven 25 minutes or until evenly browned. Cool 10 minutes before cutting each into three wedges. PRESIDENT'S CHOICE

Healthy eating

Choose it and lose it



ROSE REISMAN
for more, visit rosereisman.com or follow her on twitter @rosereisman

Salad is great for those trying to eat healthy, but additions may cost you in calories and fat if you're not careful. PHOTOS: MIKE MCCOLL, FROM ROSE REISMAN'S CHOOSE IT AND LOSE IT (WHITECAP BOOKS)

Milestone's Grilled Chicken Salad

1,040 calories/ 82 g fat
Think twice about this salad. Fried tortilla chips and an oil-based vinaigrette give you close to a day's worth of calories and fat.

Equivalent

One Milestone's Grilled Chicken Salad with tortilla chips and Honey Lime Peanut Vinaigrette is equal in calories to 20 oz (567 g) grilled flank steak.

Roasted Garlic Caesar Salad entrée size with Chicken Breast

625 calories/ 45 g fat
At Milestone's, the Caesar gives you half the calories and fat, making it a better choice.

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'Round the world wisdom

Facing adversity one step at a time

LESSONS FROM THE DESERT
Stefan Danis
life@metronews.ca

The severe market crash in October 2008 changed my life. I started running to regain my health, both emotional and physical. Shortly after I took my first steps, I ran the Gobi March in China in June '09, followed by the Atacama Crossing in Chile in '10, and the Sahara Race in Egypt in '11. In this post, I share a lesson about life, learned from the desert.

Life's challenges often loom larger than they really are — we get overwhelmed by what needs to be done then bury our heads and do nothing at all. Not because we don't want to work out a solution, but because we can't figure out where to start.

Focus not on the path, but the prints you're leaving along the way. ISTOCK

What we need to do: break down the problem into bite- size chunks.

After I signed up to run the Gobi desert, I had to start … running. I asked people who should know for tips about the best way to prepare and they told me, "go at it one step at a time."

I took three million steps during training. I ran for most of it and when exhaustion hit, I walked. When I became injured I adapted my training regimen, running in a pool to reduce the impact on my shins that badly needed rehab.

When I crossed the starting line in the Gobi, I wasn't thinking about how I was going to run six marathons in five days. I focused on one race at a time. When that got to be too much, I thought about making it to the next 10-kilometre checkpoint, then to just the next flag. When there was no steam left, I concentrated on taking just one more step.

It took me 600,000 steps to cross the finish line. For most of the race I never envisioned that finish line. My mantra was, "OK, one more step."

If you're overwhelmed by an issue staring you in the face, start the journey to a resolution by taking that first small step — and then another, and another, moving ultimately to that giant leap forward.

STEFAN DANIS IS THE CEO OF NEXCAREER AND MANDRAKE, AND THE AUTHOR OF GOBI RUNNER

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Lecture hall or locker room?

Working it out.
Hit a home run by perfecting a strong school-sport balance

BRUCE WALSH
Metro World News

Every fall thousands of student athletes discover they must walk a tightrope between academic and athletic pressures — often with a year-to-year scholarship on the line. As the 2013-14 athletic calendar kicks off, we checked in with student athletes both past and present for advice on coping with the tougher side of their experience.

Karen Weaver

Sport: Field hockey

School: Lock Haven University
Current position: Professor of sports management, Drexel University

Career highlight: Coached Salisbury University to an NCAA Championship in 1986

What do you wish all athletes knew before they arrived on campus?
At some point, athletes often realize that there's a whole other world that they'd like to experience — student government, studying abroad, etc. But they don't realize that when they take that scholarship, they're really beholden to the coach.

Welch Suggs

Sport: Track and field

School: Rhodes College

Current position: Professor of sports journalism at the University of Georgia

Career highlight: Author of the book, A Place On the Team

What do you wish all athletes knew before they arrived on campus?
That college athletics are a business, and that is the primary motivator of nearly all the adults surrounding them. That means the schedule may be unfair, and your scholarship may be adjusted. Most athletes aren't prepared for that. It's not the most nurturing atmosphere in the world.

Where can athletes go for help and advice?
It varies from campus to campus, but usually there are academic advisers who are willing to advocate for athletes. The catch-22 is that people outside of varsity sports usually don't understand the pressures on the inside.

Leaving one for the team

At some point, athletes often realize that there's a whole other world that they'd like to experience — student government, studying abroad, etc. But they don't realize that when they take that scholarship, they're really beholden to the coach.
Karen Weaver
Professor of sports management

Emily Dorko

Sport: Softball and volleyball
School: Adelphi University

Current position: MBA graduate student

Career highlight: .495 batting average in 2013, multiple academic awards

What do you wish you knew before you became a student athlete?
That coaches sometimes forget you're a student first. When you're under pressure, it's easy to let your studies fall by the wayside.

Where can athletes go for help and advice?
Like most campuses, there were multiple places to go at Adelphi: tutors, advisers, study groups. But I think what's missing at most schools is a liaison between student athletes and their coaches — someone to take the student's side.

DESIGN THE FRAMEWORK FOR A NEW CAREER

Vancouver is a city with a complex infrastructure. Just consider the Burrard Peninsula — surrounded by water on three sides, it requires the maintenance of 10 significant bridges in the Lower Mainland alone.

Making sure these bridges, and other infrastructure like them, work properly is the job of structural design professionals, individuals with a highly sought after set of skills. They find many challenging projects in Vancouver. If you have an interest in structural design, this is the city for you. And the news gets better: Workers in this field can expect to earn an average of $28 per hour working full time in Vancouver.

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CFL

Simon hauls in receptions record

Geroy Simon is the CFL's all-time receptions king.

The Saskatchewan Roughriders slotback made the 1,018th catch of his 15-year career when he hauled in a seven-yard pass from Darian Durant nearly 10 minutes into the first quarter of the Roughriders' 17-12 loss to the Montreal Alouettes. THE CANADIAN PRESS

NFL

Seahawks swoop in to steal a win

Steven Hauschka kicked a 45-yard field goal in overtime to give the Seattle Seahawks a 23-20 win over the Houston Texans on Sunday and the first 4-0 start in franchise history.

The Seahawks got the win on their second drive in overtime after rallying from a 20-3 deficit.

The Seahawks rallied to tie it at 20-20 on an interception return for a touchdown by Richard Sherman in the fourth quarter. THE ASSOCIATED PRESS

Seahawk Kam Chancellor breaks up a pass intended for the Texans' Owen Daniels. THE ASSOCIATED PRESS

Hansen makes safe choice in Canucks

NHL. Danish forward signs four-year contract extension with Vancouver

CAM TUCKER
cam.tucker@metronews.ca

Jannik Hansen could've tested the free-agent waters at the end of this season, but instead chose to stay in Vancouver for the long term.

The Danish winger signed a four-year contract extension worth $10 million with the Canucks in a deal announced Sunday.

Hansen, who was entering the final year of his current deal, and his wife, Karen, became the proud parents of twin boys in March.

"The security and the knowing where I'm going to be, it overpowers the other part of not knowing," Hansen told reporters following Sunday's practice.

The 27-year-old Hansen is originally a ninth-round, 287th-overall pick of the Canucks back in 2004.

He's managed to build a strong career as a serviceable and tenacious winger.

He's fast and a strong skater, can kill penalties, plant himself in front of net on the power play and has never been one to shy away from playing a physical game.

Forward Jannik Hansen signed a four-year deal worth $10 million to stay in Vancouver on Sunday.
CHRISTIAN PETERSEN/GETTY IMAGES

Horvat heads back to OHL

Bo Horvat, the Canucks ninth overall pick in this year's NHL Draft, is back on his way to the London Knights in the OHL.

- Horvat was not on the ice for Sunday's practice. The Knights made the announcement via Twitter.

"I think that's the reason why I made it to the league in the first point, being able to do a little bit of everything," he said.

On Sunday, Hansen skated on Vancouver's second line with Ryan Kesler and Chris Higgins.

Over the years, Hansen has managed to add a scoring element to his game. He had a career-high 16 goals in the 2011-12 season, and was on pace to best that in the 2013 campaign, which was cut virtually in half by the lockout.

Head coach John Tortorella hadn't seen much of Hansen over the past few years.

He did get to watch Hansen in the game film during the interview process.

Hansen made a good first impression. And that has carried on through training camp.

"From what I know of him, he's a utility guy," said Tortorella.

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Sharability
easy hard

Horoscopes

♈ Aries
March 21 - April 20
Both at home and at work you will know if others are telling the truth or tell fibs – no way will they fool you. If you do catch someone out in a lie make sure they pay for it.

♉ Taurus
April 21 - May 21
You may be in a trusting mood but don't let your generosity blind you. Some people will happily rip you off if they think they can get away with it. Don't let them..

♊ Gemini
May 22 - June 21
The planets warn you must not push yourself too hard this week, so cut yourself some slack and get some enjoyment from life.

♋ Cancer
June 22 - July 23
Be who you want to be and do what you want to do. That, in a nutshell, is the message of the stars this week and if you follow it you won't go far wrong. You may also earn some extra money.

♌ Leo
July 24 - Aug. 23
Only you know how hard you have strived to reach your current position, so don't let those who are a bit too free and easy with their criticisms get you down. What do they know? Not nearly as much as you.

♍ Virgo
Aug. 24 - Sept. 23
Some kind of offer will come your way this week and if you are smart you will snap it up. You may be shy and retiring by nature but you know a good thing when you see it – and this is first class.

♎ Libra
Sept. 24 - Oct. 23
Take care you don't spend too much on luxury living today. If you do you may be in for a shock a few weeks from now when money is much harder to come by. Is it essential? If not, don't buy it.

♏ Scorpio
Oct. 24 - Nov. 22
Family, friends and colleagues will rally round today to show they are behind you one hundred per cent. Whatever you want you will find a way to get it. More likely though, someone will get it for you.

♐ Sagittarius
Nov. 23 - Dec. 21
You may not be entirely happy with the direction your life is going but there is no need to panic. The tide is turning in your favour, so be happy!

♑ Capricorn
Dec. 22 - Jan. 20
Your confidence is sky high at the moment and you only have to walk down the street to turn heads. Why? Because when you feel great on the inside you look great too.

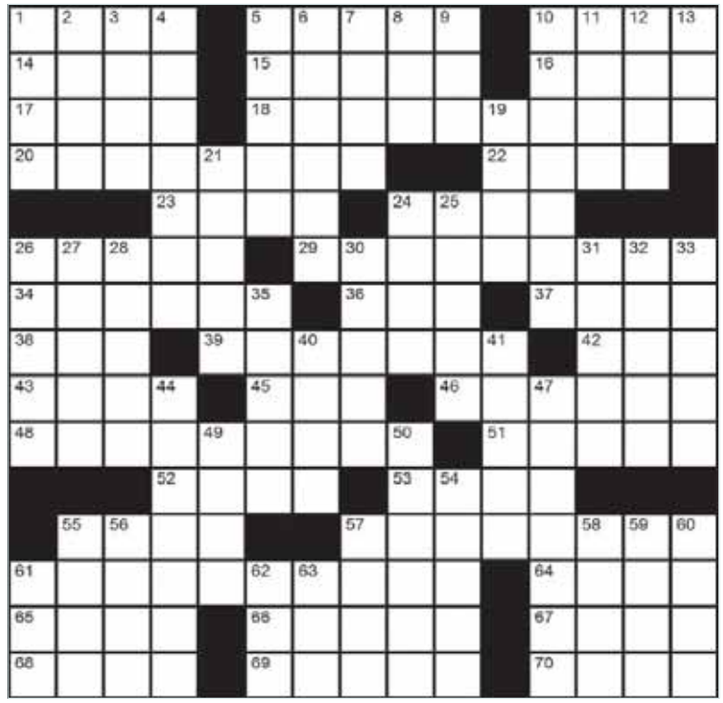
♒ Aquarius
Jan. 21 - Feb. 19
Even if you don't have an idea what is going on around you at the moment act as if you do. Create the illusion that you are in control. It's surprising how easily people are fooled.

♓ Pisces
Feb. 20 - March 20
If you get the chance to travel this week, maybe to a place you have never been before, don't hesitate or hang back. Life is supposed to be an adventure, so be bold and be the one who does something different. **SALLY BROMPTON**

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

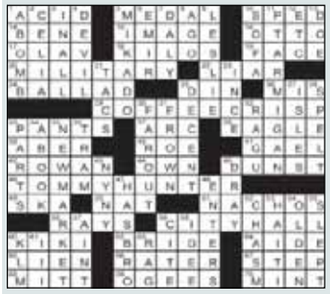
BY KELLY ANN BUCHANAN



Across
1. Foretoken
5. Light rains
10. Scratch
14. __ passu (Impartially)
15. Really got to or bothered: 2 wds.
16. Chess piece
17. Culture†medium
18. Plastic surgery procedures: 2 wds.
20. Je me __ = I remember (Quebec licence plates slogan)
22. Actor Stephen, and surname sakes
23. "...so long __ __ both shall live?"
24. Scoundrel
26. Line: French
29. Show like "Dragons' Den" in The States: 2 wds.
34. Jerusalem's locale
36. Mr. Roth
37. "Divine Secrets of the __-__ Sisterhood" (2002)
38. Irish coronation stone, __ Fail
39. "__ Mysteries" on CBC
42. Bert Bobbsey's twin
43. 24-hr. bankers
45. Wet dirt
46. Operate
48. British Columbia city
51. Pops
52. Office phone lines, for short
53. Regarding: 2 wds.
55. Spa treatment, mani-__
57. Canadian Charter of Rights and __
61. Group of Seven painter, Franklin __ (b.1890 - d.1945)
64. Milk, in Montreal
65. Actress Jessica [abbr.]
66. Comic strip, For Better or For __
67. French 101 verb
68. Imagine, archaically
69. "Boy __ World" ('90s TV series)
70. Canadian telecommunications firm

Down
1. Pampering places
2. Othello villain
3. Grey, in Germany
4. Grunge greats
5. "Ahoy, __!"
6. Apple songs
7. School terms, for short
8. Scottish hat
9. Particular pen
10. 'C' in SPCA
11. Ricky Martin smash: "Livin' La Vida __"
12. Approves, quick-style
13. Month segments
19. "Star __"
21. "_ __ to recall that..."
24. Gloriole
25. Love Story author Mr. Segal
26. Fragrant scent
27. "..._ __ _ plane?" (Superman-spotting question)
28. Tiny weights
30. Ms. Hopper of Hollywood's heyday gossip
31. Milk, vitamins _ __ _ added
32. Spiral-horned antelope
33. Surnamesakes of Orson Welles' most famous role
35. "Network" (1976) director Sidney
40. Floor coverings
41. Urgency
44. Oprah's longtime love
47. Mr. __ (Soup brand)
49. Nero's 62
50. Most unique
54. Tennis great Monica
55. Pallid
56. Actress, Kathryn __
57. Food assortment
58. Vow
59. Ms. Sorvino
60. Goulash
61. Crow cry
62. Uniquely-spelled mountain basin
63. Flat-bladed tool

Friday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Friday's Sudoku

4	5	1	3	9	7	2	8	6
8	7	6	1	4	2	9	5	3
3	9	2	6	8	5	7	4	1
6	8	9	5	3	4	1	7	2
5	3	7	2	1	6	8	9	4
1	2	4	8	7	9	3	6	5
7	6	8	4	2	3	5	1	9
9	4	3	7	5	1	6	2	8
2	1	5	9	6	8	4	3	7

					1	4		2
6	9		7	2				5
	8							
7		5			6	9		
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Samsung RF4289 Wi-Fi Smart Fridge

Samsung have been roving around some intellectual pieces of technology, like the RF4289 smart refrigerator that adds Wi-Fi. It is huge with 28 cubic feet of storage in addition to LED lighting, an 8-inch LCD touchscreen that replaces the annoying sticky notes and magnets, access to applications that serve well in the kitchen, including Google calendar, Picasa images, Weatherbug forecasts, Epicurious recipes, AP news and Pandora music among others.

SAMSUNG

Samsung NE595R1ABSR Electric Range

Samsung's spacious 5.9 cu. ft. oven splits into two ovens in one (2.7 cu.ft. and 3.0 cu.ft.) with the Smart Divider. Two temperature controls cook dishes at different temperatures, at the same time with no noticeable transfer of aroma.

SAMSUNG

Samsung FX710BGS Gas Range

The Samsung 5.8 cu.ft capacity FX710BGS gas range offers innovative technology and features wrapped up in a sleek and sophisticated package. The extra large oven capacity provides enough space to roast a king-sized turkey with all the trimmings and the Giant Oval Burner and powerful 18K Dual Burner allows for even heat distribution while the reduces cooking time. Clean up is also a breeze with the FX710BGS that comes complete with a ceramic coated surface offering robust durability and convenient cleaning.

SAMSUNG

Samsung ME179KFETSR Over The Range Microwave/Hood

With the Samsung ME179KFETSR oven, cooking is easy and cleaning is easier thanks to features like Speed Cook technology, LED cooktop light, and Simple Clean Filter™. This stylish, over-the-range combination oven from Samsung brings convenience and optimum cooking function to your kitchen. Featuring a Simple Clean Filter™ and ceramic enamel coating, the microwave is designed to be easy to clean — outside and in. A built-in LED light fully illuminates your cooktop below, and Speed Cook technology makes maximum use of your cooking time with multiple heat sources.

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Samsung DW80F600UTS Dishwasher

The Samsung F600 Dishwasher offers a superior dishwashing experience that perfectly cleans your dirtiest dishes, runs quieter than the rest, and consumes less energy to save money. End the pre-rinse ritual and stop scrubbing baked on food before washing. The Hard Food Disposer on the Samsung F600 Dishwasher delivers an advanced system for easier disposal of solid food particles. A double filtration system connects to the garbage disposal, eliminating the need to clean a filter and preventing residue build-up in the bottom of the dishwasher

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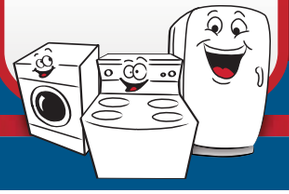

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